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Lifestyle

A heads-up on 'you win' looks

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By **Alison Maxwell**, USA TODAY

Feeling you'd be better off flipping a coin when selecting the trends to fill your spring and summer closet? USA TODAY asked Glam.com style director **Jill Swid** to decode the maze of looks.

Try it this way...

...Or that

Platform vs. spike

Wedge

Wearing it: Pair with a summer dress, the season's must-have fashion piece.



Volatile Monte Carlo wedge, \$49.99 at [Shoes.com](#)

Style tip: "You can treat a wedge as a neutral - it goes with everything. But you don't want a hard outfit with it; you want the juxtaposition of pairing it with something soft."

Stiletto

To wear it: "They're timeless, they're always sexy, and they're always in."



Extreme Dior pumps, \$735 at [eLuxury.com](#)

Style tip: Be age appropriate. "A stiletto with a jean can look tacky on an older woman."

Form vs. flare

Form-fitting dress

To wear it: Dress it down with a wedge or a flat. "For summer, the clingy dress isn't as in, but this season is all about dresses, so there is such a wide variety."



Ribbon tie sheath dress, \$148 at [Bananarepublic.com](#)

Style tip: "It's perfect if you have the right body. If you're voluptuous, it can look a little too overtly sexy."

Trapeze dress

To wear it: Sport it with or without tights and for casual and formal events. "It's not as sexy as a tight dress for evening. It's more of a casual look, but you could cinch it with a cute belt to dress it up."



3.1 Phillip Lim trapeze dress with appliqué, \$575 at [Nordstrom.com](#)

Style tip: The A-line look is ideal for tall, skinny women and women with hourglass figures. Height is important. Otherwise, "it will just look like a big box, a square all over - which is not a great look."

Skinny vs. wide

Skinny jeans

Wearing it: Trendy this moment: colored denim. Skinny jeans "go with everything - a high heel and a flat, T-shirts, big sweaters, little sweaters, a cropped or longer blazer."



Rich & Skinny sleek straight leg purple wash jean, \$185 at [Shopintuition.com](#)

Style tip: Skinny jeans don't work for every body. "They're made for a thin person without legs and calves and hips."

Wide-legged jeans

Wearing it: "They look really good with a shirt and blazer with a men's style," or pair them with something tight on top. "You definitely don't want the big boyfriend sweater."



Odyn Donna trouser in blue lounge wash, \$208 at specialty boutiques and [Henri Bendel](#)

Style tip: Wide-legged jeans are more versatile than their skinny counterpart. "People with hips and butts do well with wide leg. It's not going to be great on someone who's short and skinny. They devour you."

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